

## **Running Club Report**

### **Camrose Ski Club AGM 2017**

The Camrose Running Club continued on encouraging runners of all ages and levels in 2017.

The highlight of the Running Club year is Ole's Spring Run-Off. Last year's event was held on May 13, 2017. For the third year the event was held at the Stoney Creek Centre instead of the old location beginning and ending at Jubilee Park.

As usual we featured an 8 km, a 3 km, and a fun kids 1 km event. The 8 km event featured 58 runners; the 3 km had 57 runners and we had about 40 kids register for the 1 km event for a total of 155 participants.

A total of \$3573.00 was raised through registrations. Expenses totalled \$3236.25, leaving the event with a surplus of \$336.75 after the usual \$500 donation to the Camrose Public Library to be used for fitness promotion. The library purchased a running stroller with our 2017 donation for anyone interested to borrow. Expenses were higher than usual due to the purchase of prizes and shirts for Canada 150.

We have finally begun spring runs after what seemed like a winter that just wouldn't end. Anyone interested is welcome to join in on Tuesday evenings at 5:30 at the track behind the Camrose Composite High School. Also group runs go on Saturday mornings at 8 from the Stoney Creek Centre. Runners of all levels are more than welcome to join.

Our goal continues to be to encourage people to be active and achieve fitness or race time goals and most of all to discover and enjoy all the benefits that running and our amazing Camrose trail system have to offer.