

Ole Uffda Loppet Invitation (classic technique)



Hosted by: Camrose Ski Club
Stoney Creek Centre, Camrose, Alberta
January 21st, 2012

Come help us celebrate 100 Years!!

The Camrose Ski Club, founded in 1911, is one of the oldest clubs in Canada. We are happy to invite you to our annual Ole Uffda Loppet. The Ole Uffda Loppet is a classic technique race for the whole family with a distance for every age and ability. Our trails can be challenging but the 2012 Loppet Committee is creating a course that a novice can ski and yet will be challenging to all. This is a perfect preparation race for the Birkebeiner – ski 30 km on our course and you will feel ready to take on 55 km at the Birkie. You might even see Ole himself out on the trails this year! It will be a fun event for the whole family!

Contact Info:

Stacy Lofgren- phone : 780-672-2577 email : stacyklofgren@yahoo.com
Graeme Thain- phone : 780-672-1974 email : kgthain@cable-lynx.net

Location:

The cross country trails are located at the Stoney Creek Centre on 39th Ave (see map). Coming from the west, head east on 48th Ave to 53rd Street. Turn right onto 53rd Street and follow to 39th Ave.. Turn left and continue to T-intersection. Turn right. The building in front of you is the Stoney Creek Centre.

Event Schedule:

Events subject to change due to circumstances of weather or registrations.

Saturday January 21st 2012 Ole Uffda Loppet	8:30AM	Loppet office opens
	11:00AM	15km and 30km start
	11:01AM	1.25km Bunny Hop and 2.5km Jackrabbit Jump start
	11:30AM	All 5km and 10 km start
	2:00PM	Awards and draw prizes!

Registration:

Age Category	Early Registration Fee	Race-Day Fee
Bunny / Jackrabbit (3-13yrs)	\$10	\$10
Junior (14-17yrs)	\$15	\$20
Adult (18yrs and over)	\$30	\$35
Family (2 adults and all children under 18)	\$60	\$70

REGISTER ONLINE at www.zone4.ca and be ENTERED IN A DRAW FOR A PAIR OF OAKLEY SUNGLASSES!!

If unable to register online, please download a registration form and waiver from our website at www.camroseskiclub.com and mail before Jan. 16th, with cheque payable to “Camrose Ski Club” to:

Stacy Lofgren
2703-57St
Camrose, Alberta
T4V 1T2

Onsite registration in the Stoney Creek Center from 8:30am until 11:00am on race day as well.

Travel Information:

Please visit www.camrose.com for directions to Camrose.

Accomodations:

Norsemen Inn: 6505 - 48 Ave www.norsemeninn.com 780-672-9171
R& R Inn and Suites: 6508 - 48 Ave www.rinnsuites.com 780-672-2292
Camrose Ramada Inn and Suites: 4702 -73 Street www.ramada.ca 780-672-5220
Travellers Inn: 6216 – 48 Ave www.travellersinncamrose.com 780-672-3377

Food:

Entry fee includes hot lunch provided by East Side Marios. There will also be snacks and drinks after the race, as well as feed stations for the 15km and 30km racers.

Waxing Facilities:

There is limited, heated, onsite waxing space at the Stoney Creek Centre. There are ten wax tables and benches with a bit more room for your portable benches.

Stadium Plan & Course Maps:

Course map sets will be available at the site. We will have a mass start in the stadium for the 15km and 30 km races at 11AM, followed by the Bunnies and Jackrabbits at 11:01AM. All other racers will start at 11:30AM.

Classes & Types of Competitions

Categories	Distance
Bunny Hop Ages 3- 5	1.25 km
Jack Rabbits Jump Ages 6-9	2.5 km
Track Attack Ages 10-13	5 km
Men/Women Ages 14 – 17	5km, 10km, 15km, 30km
Men/Women Ages 18-29	5km, 10km, 15km, 30km
Men/Women Ages 30 – 45	5km, 10km, 15km, 30km
Men/Women Ages 46 – 59	5km, 10km, 15km, 30km
Men/Women Ages 50 – 59	5km, 10km, 15km, 30km
Men/Women Ages 60 +	5km, 10km, 15km, 30km

2012 Ole Uffda Loppet Entry Form (one per person)

In order to be eligible for medals and age specific results, date of birth must be indicated

Surname:		First Name:		Age:	Gender (circle): Female Male	
Address:		City:		Prov:	Postal Code:	
Home Phone:		Email:			Club:	
Waiver: see next page						
Signature					Date	
<u>REGISTRATION:</u>		Early-Registration Deadline: Jan 19th, 2012				
Circle one of the Following Categories					Entry Fee Early- Registration	Entry Fee Race Day
Bunny Hop	1.25km	3-5yrs		\$10	\$10	
Jack Rabbit Jump	2.5km	6-9yrs		\$10	\$10	
Track Attack	5Km	10-13yrs		\$10	\$10	
Junior Racers	(5Km, 10km, 15km, 30km)	14-17yrs		\$15	\$20	
Adult	(5km, 10km, 15km, 30km)	18+ yrs		\$30	\$35	
Family (2 adults and all children under 18yrs)				\$60	\$70	
Office use only						
Bib Number:		Total Fees Submitted: \$				

EVENT PARTICIPANT WAIVER and ACKNOWLEDGEMENT OF RISK FORM

Name of Event: **Ole Uffda Loppet**

Part One - WAIVER and RELEASE (FOR ADULT REGISTRANTS ONLY)

In consideration of Cross Country Canada, Cross Country Alberta, Camrose Ski Club, accepting entry into the above named activity, I hereby for myself, my heirs, executors, administrators and assigns, release and forever discharge the above named organizations, their executive directors, servants, agents, sponsors, supporters, employees, contractors or volunteers (all of whom are hereafter the Releases) and to release the Releasees from any and all liability for any loss, damage, expense or injury including death that I may suffer or my next of kin may suffer as a result of my participation in the Event, due to any cause whatsoever, including **negligence, breach of contract, or breach of any statutory or other duty of care owed on the part of the Releasees and further including failure on the part of the Releasees to safeguard or protect me from the risks, dangers and hazards associated with the Event as set out below in Part Two.**

I hold harmless and indemnify the Releasees from any and all liability for any property damage or personal injury to any third party resulting from my participation in the Event.

I further waive and release any and all recourse which I may now have or may in the future have resulting from any decisions of the Releasees in association with the Event, including any claims I might have in connection with any cancellation or rescheduling of the Event for whatever reason.

I have read and understood this Waiver and Release prior to signing it. I am aware that I am an adult and that by signing this Waiver and Release I am waiving certain legal rights that I or my heirs or next of kin may have against the Releasees.

Adult Participant's Signature

Name: _____ Date: _____ Signature: _____

Part Two – ACKNOWLEDGMENTS (FOR ALL REGISTRANTS)

Risks and Dangers: I acknowledge that skiing and participating at the Event involves risks and dangers including, but not limited to: accidents that occur traveling to or from the Event; slips, trips, falls or collisions; encounters with other skiers, obstacles (man made or natural) or wildlife; steep and varied terrain, uneven snow conditions; falling snow or ice; adverse weather conditions, frostbite; hypothermia, exhaustion. I freely accept and fully assume all risks, dangers and hazards associated with my participation in the Event and the possibility of personal injury, death, property damage or loss resulting therefrom.

Health: I declare that my physical condition, to the best of my knowledge, is adequate to participate safely in the Event and that no physician or other medically qualified individual has advised me against participating in the Event. I further acknowledge and agree that it is my choice whether I will obtain a physical examination prior to participating in the Event, and I hereby acknowledge and agree to assume all risks associated with not obtaining such examination, or if I do obtain an examination and am instructed not to participate in the Event, I hereby assume all risks associated with my participation.

Follow Rules: I hereby agree to abide by the Rules and Regulations imposed by **CCC**, the **Host Division** and the **Host Club** in association with the Event, and to follow the instructions of the officials during the Event.

Cancellation or Rescheduling: I acknowledge that the **CCC**, **Host Division** or **Host Club** may choose to cancel or reschedule the Event if travel or Event conditions are deemed unsafe (e.g., weather, road conditions, snow conditions, health advisory). I accept that these organizations will not be liable for any costs I may bear as a result of such cancellation or rescheduling, except as provided for in the Event information package.

Image Use: I authorize and consent to the publication in any format or media by **CCC**, the **Host Division** and the **Host Club** of any materials containing my name, likeness or image in association with my participation in the Event, and I release to **CCC**, the **Host Division** and the **Host Club** and all persons acting under authority from them, from any claims I might have due to the initial or subsequent publication of such material.

As the participant in the Event, I have read and understand the above Acknowledgments and accept the terms and conditions of participation and confirm that all information is true and accurate.

Adult Participant's Signature

Name: _____ Date: _____ Signature: _____

Minor Participant's Signature

Name: _____ Date: _____ Signature: _____

As the parent or guardian of a minor participant at the Event, I have read and understand the above Acknowledgments and accept the terms and conditions of participation on behalf of the minor and confirm all information is true and accurate.

Minor's Parent or Guardian Signature

Parent/Guardian Name: _____ Date: _____ Parent/Guardian Signature: _____

Location: Camrose, Alberta

